

What does it take to have an extraordinary life?

A new
possibility
for being


Landmark®

What is The Landmark Forum?

The Landmark Forum has been recognized as the most effective personal and professional development program available on the market today. A powerful three-day and one-evening accelerated learning experience, The Landmark Forum is not a lecture.

Rather, it's a [powerful guided dialogue between instructor and participant that results in positive and permanent shifts in the quality of people's lives](#), including those areas that matter most to them.

A hand in a brown jacket is writing on a chalkboard with white chalk. The board is filled with mathematical formulas, including a large summation symbol \sum , a binomial expansion $(-27)^k (6)^{3-k}$, and a fraction $\frac{1}{2}$. The background is a blurred chalkboard with various mathematical symbols and equations.

Be
extraordinary

What do people get?

94% of participants surveyed reported that The Landmark Forum made a **profound and lasting difference in their lives.**

Be absolutely at ease no matter where you are, who you're with, or what the circumstance—the power to be in action effectively in those areas of your life that are important to you!

Additional independent research shows that:

95% *said The Landmark Forum has specific practical value for many aspects of their lives*

94% *said The Landmark Forum is likely to have enduring value*

93% *said The Landmark Forum made them better prepared for new situations that may arise in the future*



Be
awesome

Who are we?



With more than three decades of extensive research into what is fundamental to human performance and what contributes to people's quality of life, Landmark conducts powerful and impactful courses throughout 22 countries and in more than 20 languages.



We work with premier corporations, government offices, nonprofits, and individuals

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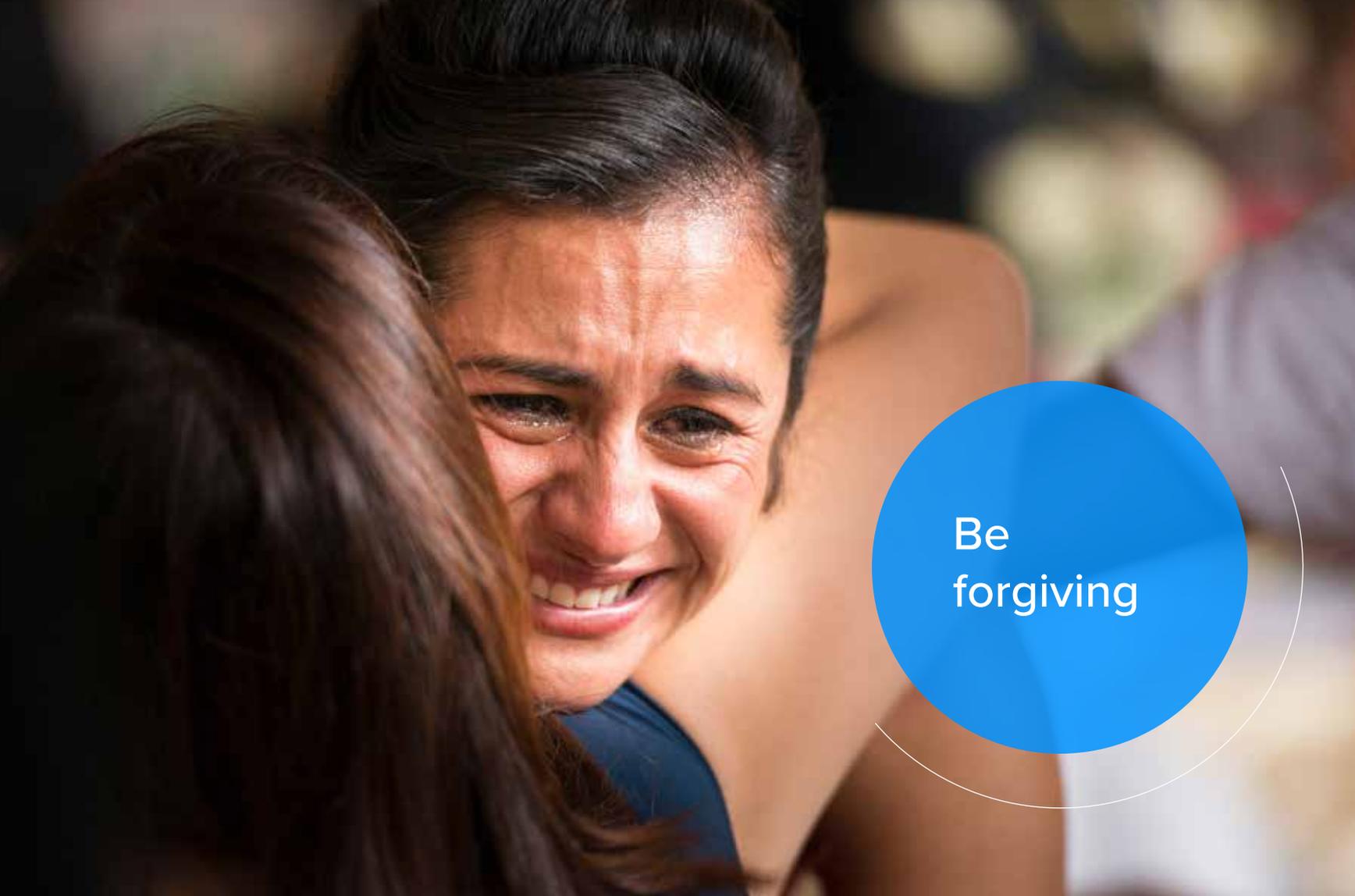
We are recognized for having one of the best faculty bodies in the industry

2.4M

Over 2.4 million people have participated in our programs

A photograph of two men standing on a beach, both wearing black wetsuits and holding surfboards. The man on the left is older with white hair, and the man on the right is younger with a beard. They are both smiling. The background shows waves breaking on the shore under a bright sky. A blue circle is overlaid on the left side of the image, containing the text 'Be brave'.

Be
brave



Be
forgiving

The Landmark Forum is grounded in [a model of transformative learning that leaves people with an awareness of the basic structures in which they know, think, and act](#). While standard educational methods often leave people having to remember concepts and how to apply them, Landmark's content and methodology leave people applying what they learn naturally and without effort. Similar to riding a bicycle, once you get it, it's yours forever.

Through engaging in Landmark's cutting-edge content and methodology, participants experience a [fundamental shift that allows them to think and act far beyond their existing views and limits](#).



What is
transformative
learning?



Be
strong

Noted social scientist Daniel Yankelovich conducted a study of Forum participants and reported the following:

“Several of the study’s findings surprised me quite a bit, especially the large number of participants for whom the Forum proved to be ‘one of the most valued experiences of my life.’ This is not a sentiment that people—especially successful, well-educated people—express lightly.”

In addition to those benefits participants expected to receive, they reported some entirely unexpected benefits—including more satisfaction and enjoyment with their jobs; better relationships with co-workers, families, and friends; and increased ease.



What does
the research say?



Be
grateful

“I don’t recall any course that I have ever taken that has had an equivalent impact and effect on my life.”

Red Whittaker, Ph.D. Head of Robotics, Carnegie Mellon University

“I have yet to see anything else that has such a positive impact on people’s ability to relate, communicate, and perform as Landmark.”

Paul Fireman, Founder and former Chairman/CEO, Reebok

“Winning a gold medal at the Olympics was extraordinary, and when I did The Landmark Forum I realized I could have the same level of accomplishment, fulfillment, and joy in every part of my life.”

Natalie Cook, Olympic Gold Medalist and five-time Olympian

“This is basic training for the mind, the heart, and the soul. It is the most positive, transforming experience I’ve ever been a part of.”

Alan Menken, Eight-time Academy Award-winning composer

What do people say?

A woman with long dark hair in a ponytail, wearing a black athletic top with pink accents and white earbuds, is shown in profile from the chest up. She is running outdoors, with her right hand resting on her forehead. The background is a soft-focus landscape with green grass and a bright, hazy sky. On the left side of the image, there is a blue circle with a white border containing the text "Be powerful".

Be
powerful

“Landmark is becoming a global brand name with more than 50 offices worldwide and over 2,400,000 people having taken The Landmark Forum.”

Time magazine

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61-8-9221-5757

SYDNEY
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WASHINGTON D.C.

ALEXANDRIA
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To register or for more information, call your local office or visit landmarkworldwide.com.



*Whether they are teachers, physicians, or people building careers or raising families, more than **94%** of participants surveyed reported that
The Landmark Forum made a profound and lasting difference in their lives.*

[REGISTER TODAY AT LANDMARKWORLDWIDE.COM](https://www.landmarkworldwide.com)